

What Can I Do To Help End Sexual Violence?

Ideas For Young Men & Women

Examine your own and confront your peers' sexist, racist, and homophobic attitudes.

Become a peer educator for violence prevention.

Write a letter to the editor of your student newspaper or a teen magazine if you see an article that perpetuates myths about sexual violence.

Volunteer for a rape crisis center, sexual assault prevention program or similar organization.

Register to vote. Know where candidates stand on issues related to sexual violence. Use your vote to elect candidates who are committed to the full social, economic and political equality of the sexes.

Complain to companies whose advertising mixes sex with violence. Boycott that company's products.

Don't fund sexism. Don't purchase any magazine, rent any video, or buy any product that portrays women in a sexually degrading manner.

Read a book about gender inequality and the root causes of interpersonal violence. Search in gender, relationships or personal health/growth at your local library or book store.

Know the facts and challenge your friends when they perpetuate myths and stereotypes about sexual violence.

Challenge all forms of violence in society.

Confront violent and sexually abusive behavior when you see or hear it.

Confront sexist jokes or humor that objectifies women.

Put a bumper sticker on your car, a sticker on your locker, or a poster in your room to show your support and educate others about preventing sexual violence.

Share your knowledge with your family and friends. Help them find information.

Volunteer for your local center working to end sexual violence.